A- CHEST CIRCUMFERENCE

Measure the circumference around the widest point right under the armpits.

A2 -For the WOMAN you must also give the circumference of the

A3 -KART SUIT – Take measurements wearing your rib protector if worn inside.

B- WAIST CIRCUMFERENCE

Measure the circumference at belly button height

B2 -belt level

C- HIP/PELVIS CIRCUMFERENCE

Measure the circumference at widest level of the buttocks.

D- THIGH CIRCUMFERENCE

Measure the circumference at the widest point of the thighs.

E- INSIDE LEG LENGTH

Measure the inside leg length from groin to the ground without shoes.

F- SLEEVE LENGTH

Measure from the center of the neck (vertical column bone) passing from the shoulder down to the wrist (bending your elbow 90°)

G- NECK CIRCUMFERENCE

Measure the circumference of the neck leaving the space for a finger between the neck and the tape measure.

H- SHOULDER WIDTH

Measure at the widest point from bone to bone on the back.

I- FRONT WAISTLINE LENGTH

Measure from the intersection of the neck with the shoulder down to the bellybotton (point B1).

L- GROIN LENGTH

Measure from the intersection of the neck with the shoulder down to groin line.

M- BACK WAISTLINE LENGTH

Measure from the intersection of the **back** of the neck with the shoulder down to belly button height.

N- FRONT TO BACK GROIN

Measure from the belly button height down the crotch and back up to the belly button.

O- CALF CIRCUMFERENCE

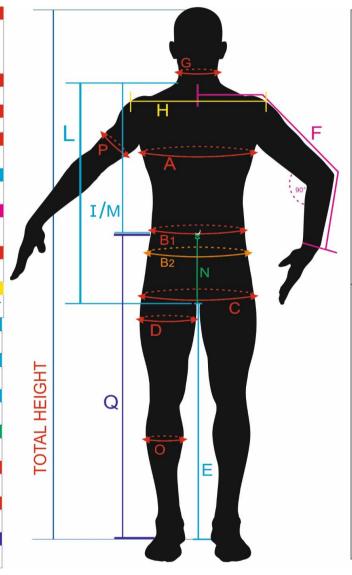
Measure the widest point of the calf.

P- BICEP CIRCUMFERENCE

Measure the widest point of the bicep.

Q- EXTERNAL LEG LENGTH

Measure from belly button (point B1) to the ground without shoes.



M